

The Kickdistance 2025 Rules

(version 1.3.2025)

REQUIREMENTS FOR PARTICIPATION

- The event is intended for unmotorized footbikes only.
- Each participant must be at least 18 years old.
- Each participant must have completed the official qualification (ridden a minimum distance within the time cutoffs outlined on kickdistance.com).
- The entry fee of EUR 35.00 has been paid. The deposit of EUR 50.00 for the GPS tracker must be paid in cash prior to the start (the deposit will be refunded when the tracker is returned in Paris).

START, COURSE LENGTH AND FINISH

 The start is in the center of Bordeaux (Place des Quinconces, 33000 Bordeaux, France RCWG+6R Bordeaux, France

N 44.845509 E -0.573856

N 44° 50.730540 E -0° 34.431360

N 44° 50' 43.8324 E -0° 34' 25.8816), Saturday, May 24, 2025, at 07:30 local time.

- The route is approximately 600 km long. The route is predetermined, but deviations are allowed as long as the specified locations are passed through. Therefore, the actual distance traveled may vary individually.
- The finish line is in the center of Paris (Arc de Triomphe de l'Étoile; Place Charles de Gaulle, 75008 Paris, France

V7FW+G2 Paris, France

N 48.873767 E 2.295444

N 48° 52.426020 E 2° 17.726640

N 48° 52' 25.5612 E 2° 17' 43.5984).

- The time limit is 50 hours (latest arrival at the finish line is Monday, May 26, 2025, at 09:30 local time).
- This is a ride on mostly public roads and not a race.



THE ROUTE AND ITS MARKINGS

- The route leads from Bordeaux, Libourne, Barbezieux, Angoulême, Ruffec, Poitiers, Sainte-Maure-de-Touraine, Tours, Château-Renault, Vendôme, Chateaudun, Chartres to Paris. A separate document lists all geo-coordinates for the checkpoints. A checkpoint is defined as a circular area with a radius of 250 meters around the designated point.
- A GPX file is available for download on kickdistance.com
 (https://www.kickdistance.com/GPX/Bordeaux-Paris-V01.gpx). The recommended route is a suggestion.
- The route will be unmarked. Each participant must navigate by themselves.

MANDATORY EQUIPMENT

Each participant will need the following mandatory equipment:

Technical

A roadworthy footbike with at least two functioning brakes.

Equipment during the ride

- Reflectors on the footbike and clothing.
- A bicycle helmet. The helmet must be worn at all times. Riding without a helmet may result in disqualification.
- First aid kit
- Mobile phone and GPS tracker (provided by the organiser). A personal GPS recording of the ride must be created (e.g. using a smartphone or bike computer, see "Control of Participants").
- Emergency card with important personal data, as well as telephone numbers of the
 organiser. The emergency card will be available for download from kickdistance.com at
 least 7 days before the event. It can also be filled out immediately prior to the start.
 The card must be carried at all times.
- Observe the legal regulations for cycling in France. Wearing a reflective safety vest at night or in poor visibility conditions is mandatory. Using headphones while riding is prohibited.

Additional equipment during the ride (may also be carried in the support vehicle)

- Front and rear lights for the night and poor visibility conditions, white light at the front, red light at the back (flashing is permitted),
- Sufficient batteries for lighting, mobile phone and other electrical devices.



COMPLETING THE COURSE, LEAVING THE COURSE, QUITTING

Each participant must comply with the following rules:

- The course must be completed under your own power.
- Leave no trace: Do not litter. If you spend the night in the wild, leave the sleeping place as you found it. It is forbidden to spend the night or light a fire in national parks.
- The rules of the road traffic regulations must be observed.
- You may leave the route at any time.
- If you end the ride early, please inform the organizer by SMS (the phone numbers will be announced at the race briefing on May 23, 2025). The GPS tracker must be returned in Paris.

CHECKPOINTS AND SUPPORT

- There are no traditional checkpoints. The route is monitored by the GPS tracker. The
 virtual checkpoints are therefore Libourne, Barbezieux, Angoulême, Ruffec, Poitiers,
 Sainte-Maure-de-Touraine, Tours, Château-Renault, Vendôme, Chateaudun and
 Chartres.
- The event allows support in any form. The only condition is that every metre is covered under your own power.
- Slipstreaming is allowed.

SLEEPING AND EATING

The organiser does not provide accommodation or food for the participants. It is up to each participant to organize accommodation and food as needed.

RULE ENFORCEMENT

- Each participant will receive a GPS tracker at the start and is required to have it with them (on their footbike or on their body) throughout the Kickdistance. The tracker will monitor the position of the participants along the way. This is important for checking that the route is being followed and also for safety reasons in the event of a rescue. It will be possible to track the position of each participant during Kickdistance on the internet (Live View).
- Random checks, to check compliance with the rules, can take place in any part of the route
- In addition to the tracker, a personal GPS recording of the ride is obligatory. This recording must be presented to the organiser after the ride (link to Strava, Garmin, Polar etc.).



PENALTIES AND DISQUALIFICATION

- Any competitor can be penalised or disqualified for breaking the rules.
- Penalty time +15 minutes:
 - Riding without a helmet
 - o Littering the course with rubbish
 - Missing the prescribed mandatory equipment
- Penalty time +30 minutes or disqualification (depending on the severity of the rule violation):
 - Use of illegal assistance (transport using a car, train, etc.)
 - Unsportsmanlike conduct towards other participants
 - Deliberate endangering of traffic safety (e.g. not using sufficient lighting at night).

RESULTS AND PRIZES

Kickdistance 2025 is a non-stop event. The time needed to complete the route is calculated regardless of sleep time, repair of the footbike or other activities. There are two categories: Men, Women. There will be a trophy for the first three in each category. Each finisher will receive a medal and a certificate.

Regardless of placement, the following results apply:

• **GOLD**: less than 28:26:30

• **SILVER**: from 28:26:31 and less than 36 hours

• **BRONZE**: from 36 hours and less than 50 hours

This means, for example, that there could be five people achieving gold or none at all.

Historical context: The Bordeaux-Paris bicycle race was first held in 1891. Of the 28 riders, 19 reached the finish, with 18 officially classified. George Pilkington Mills (Great Britain) won the race with a time of 26:34:57. The course was 572 km long, giving Mills an average speed of 21.518 km/h. Other sources mention a distance of 580 km. The 2nd to 5th places were: Montague Alfred "Monty" Holbein (Great Britain) 27:50:47; Selwyn Francis Edge (Great Britain) 30:13:49; Joan Edward Lionel Bates (Great Britain) 30:13:57; Joseph "Jiel" Laval (France) 32:15:32



OTHER

- Each participant is obliged to follow the instructions of the organiser and persons appointed by the organiser.
- Each participant is aware of all risks associated with participation in the event, in which
 he/she participates voluntarily and at his/her own risk. He/she is also aware that in the
 event of any damage to health or property, he/she cannot demand monetary
 compensation from the organiser or assert any other claims. The organiser is not
 responsible for the health and life of the participants during the entire Kickdistance
 sport event.
- The participant acknowledges that the organiser is not responsible for the condition of the track. If the participant uses public roads, he/she must observe and comply with the locally applicable road traffic regulations.
- Each participant is obliged to provide first aid to injured participants. In case of injury or other health problems of another participant, all participants are obliged to report this to the organiser.
- If a participant decides to quit his/her participation in the event, the organizer will not provide transfer of participants to the finish.
- The organizer reserves the right to make changes to the route and programme.
- Each Kickdistance participant is responsible for his/her own health insurance and accident insurance. Under no circumstances is the organiser responsible for the type of insurance taken out by the Kickdistance participant.
- By registering for the event, the participant agrees that his/her participation and the services provided during the event may be audio-visually recorded by the organiser or a person appointed by the organiser. The participant also authorises the organiser to use the audiovisual recordings, photos or time results made before, during and after the event for presentation purposes (Internet, print media, publications) without the participant being entitled to any remuneration.

ORGANISER

TTVÖ – Tretroller und Tretschlitten Verband Österreich Große Neugasse 6/22 A-1040 Vienna

Phone: +43 660 7897 660 E-Mail: <u>guido@tritt.at</u> ZVR number: 292392050

Chairmen: Mr. Dipl.-Ing. David PAŠEK, Mr. Dipl.-Ing. Guido PFEIFFERMANN